



## BEFORE YOU LEAVE

### **BEST USE**

As a guide to help your young adult gain confidence before leaving for college, renting his/her own apartment, etc.

### **SUMMARY**

It can be both emotional and exciting to help your child leave the nest. Before they pack up and drive away, plan for a weekend or a day together doing something fun. Use the time to go through a checklist of basic life skills they will need and helpful items that can set them up to succeed. The rest of this card can help guide a conversation that will highlight a few areas in which your child might welcome some last minute guidance or coaching.

### **READY TO GO?**

CAR: Are you confident handling basic car issues such as changing a tire, checking tire pressure, and checking fluid levels?

*TIP: If moving to a new town, help your child with AAA.com or a local mechanic to identify a reputable mechanic in the new area.*



LAUNDRY: Do you know how to wash and dry a load of laundry? Colors and whites?

*TIP: Consider a fun trip to the laundromat for your child to figure out how to use a different machine than you have at home.*

FOOD: Can you cook a few nutritious meals?

*TIP: Let your son/daughter choose a meal and guide them through the preparation and cooking process. Enjoy the time together as you create a fun memory that will also increase their odds of survival.*

BUDGET: Do you have a budget?

*TIP: Consider going online to [daveramsey.com](http://daveramsey.com) to download budget forms to fill out with your child.*

HEALTH: What doctor will you visit if you get sick?

*TIP: Help your child have a plan for any medical emergencies and/or finding a new doctor if moving to a new town.*

CHURCH: If moving to a new town, what church will you attend?

*TIP: Ask a pastor at your present church for suggestions on how to find a good church in the area. Also, consider visiting different churches together with your child and then discussing what he/she did and did not like. If going away to college, get information on Christian college organizations.*

COLLEGE CAMPUS: If going to school, are you confident you will be able to find your classes, etc.?

*TIP: Take time to walk around campus together and help your child get a good feel for where everything is located.*